



Soul Toxins

Session 5

1. When you were growing up, was approval and affirmation part of your family environment? How did that shape you?
2. How has your desire for people's approval caused problems in your life and ministry?
3. If you stopped caring so much about other people's approval, what would change?
4. For you personally, how much do you struggle with finding your identity in your ministry?
5. If this is a struggle for you, what are some ways that the people on your team could encourage you and help you with this?